

# ACT TODAY

## to minimise the risks



### GOOD PRACTICES

- 1 • GET RID OF** all stagnant water, regularly emptying any container that could collect water.
- 2 • CUT ALL TALL VEGETATION** near homes.



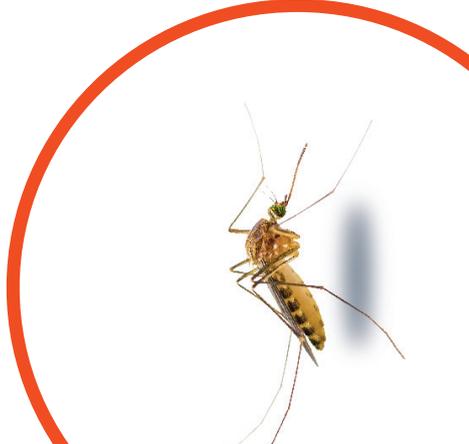
- 1 • WEAR** light coloured, long clothing.
- 2 • APPLY INSECT REPELLENT**, if available, on all exposed skin, as well as on livestock.
- 3 • USE MOSQUITO NETS** treated with insecticide around beds.
- 4 • AFTER VISITING THE FOREST:**
  - look for ticks all over the body and remove them if found;
  - examine your livestock for ticks and remove them;
  - remove ticks with sharp tweezers, ensuring that you do not leave the head under the skin.
- 5 • MONITOR YOUR ANIMALS** for signs of illness (abortion, fever, vomiting, death).
- 6 • INFORM VETERINARY SERVICES** of any suspicious animal deaths.



## **KNOW THE SOURCE**

**Ticks and mosquitos** can transmit a large number of diseases to both animals and humans, including **Rift Valley Fever and Crimean-Congo Fever.**

*Certain wild ruminants and livestock can become infected by bites from disease-carrying mosquitos or ticks. They can then potentially transmit these diseases to humans.*



## **UNDERSTAND THE RISKS**

To minimise the risk of transmission, it is important to **both combat the presence of ticks and mosquitos as well as take precautions to avoid bites** from these insects.

*While mosquitos and ticks pose an important risk, humans can also be infected through contact with the blood and other fluids of infected livestock and wild ruminants, especially during animal slaughter and/or through the consumption of raw or undercooked meat.*



Combatting  
**INSECTS**  
and **PESTS**

# How to protect yourself from **MOSQUITOS AND TICKS?**



**GET RID OF**  
all stagnant water



**CUT ALL TALL VEGETATION**  
near homes





## WEAR

light coloured,  
long clothing



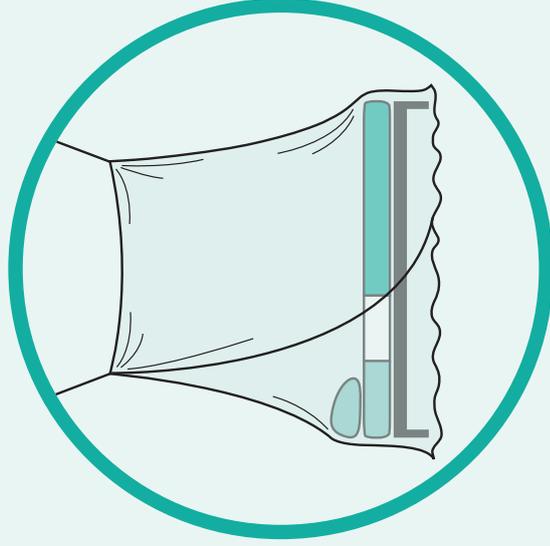
## TREAT THE LIVESTOCK WITH ARACACIDE, IF AVAILABLE,

to reduce the tick population



## LOOK FOR TICKS

all over the body  
and remove them



## USE MOSQUITO NETS

treated with insecticide



## APPLY INSECT REPELLENT, IF AVAILABLE,

on all exposed skin