

# LASSA Fever

## TAKE ACTION TODAY to minimise risks



### GOOD PRACTICES

- 1 • **DO NOT TOUCH OR PLAY** with rats.
- 2 • **DO NOT EAT:**
  - food contaminated by rat urine or excrement;
  - raw or poorly cooked meat.
- 3 • **TAKE PRECAUTIONS TO PREVENT** rat bites and scratches, as well as contact with their urine or excrement.



- 1 • **WASH** your hands frequently.
- 2 • **PROTECT** leftover food in rat-resistant containers (containers with lids).
- 3 • **ALL MEAT CONSUMED** should be well-cooked.
- 4 • **KEEP YOUR HOME** and its surroundings clean:
  - cut plants near homes;
  - fill all holes in the house to prevent rats from entering;
  - pick up garbage and throw it in a garbage pit far from homes.

**Go to the nearest health clinic** as soon as possible if you are scratched or bitten

# LASSA Fever

## How to protect yourself from **LASSA FEVER?**

**ebc**  
**SURSY**



### THE SOURCE OF THE DISEASE

Certain types of rats can spread the Lassa fever virus.

The infection does not make them sick but **can make humans seriously ill.**



### UNDERSTAND THE RISKS

Humans can be infected by:

- **Touching:**
  - **contaminated household items;**
- **Touching or eating:**
  - **raw or undercooked meat of infected rats;**
  - **food contaminated by the urine or excrement of infected rats;**
- **Handling or playing with:**
  - **rats.**

*The virus can also be transmitted between people through contact with the blood, urine, excrement or other organic secretions of an infected person.*

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## Combatting LASSA FEVER



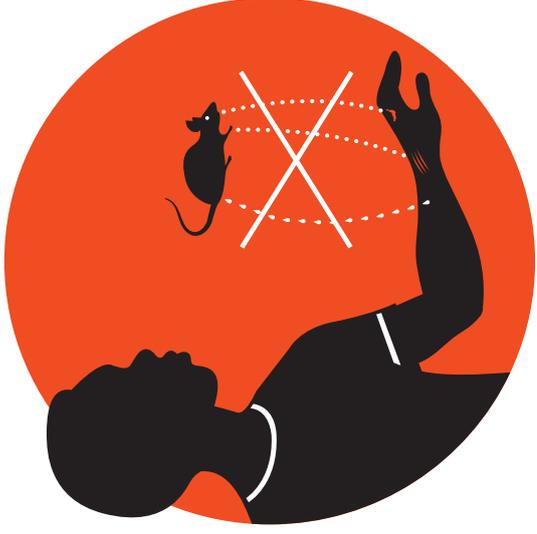
### ENSURING GOOD HYGIENE



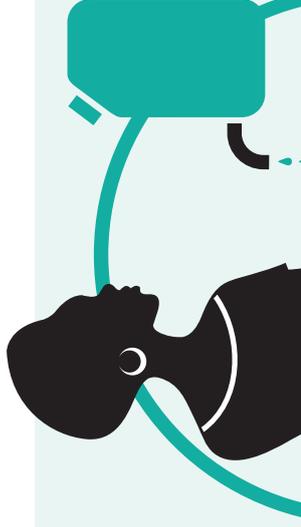
**DO NOT TOUCH  
OR PLAY**  
with rats

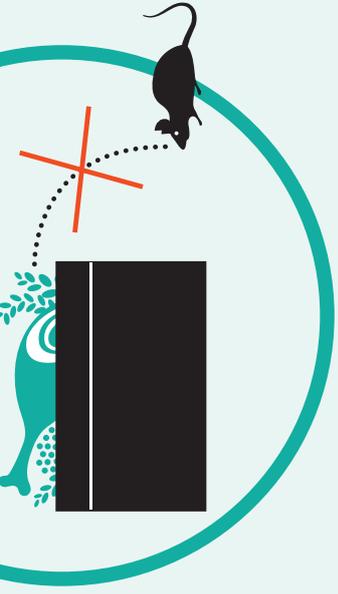


**AVOID ALL FOOD  
CONTAMINATED**  
by the urine  
or excrement of rats



**AVOID RAT BITES  
AND SCRATCHES AS WELL  
AS CONTACT**  
with their urine or excrement





## PROTECT LEFTOVER FOOD

Use rat-resistant containers



## WASH YOUR HANDS

frequently



## ALL ANIMAL PRODUCTS

should be well-cooked



**KEEP** your home  
and its surroundings **CLEAN**



**CUT PLANTS**  
near homes



**FILL ALL HOLES**  
in the house  
to prevent rats  
from entering



**PICK UP GARBAGE**  
and throw it in a garbage pit  
far from homes